



K-12 PRODUCT & RESOURCE GUIDE

2023-2024 SCHOOL YEAR

Students must
be well-fed to

LEARN, GROW and SUCCEED

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That's why General Mills offers nutritious options from the brands kids love.

All products in this guide meet the following criteria:



» Comply with the Buy American Provision¹



» Are 0g trans fat

Most products in this guide meet the following criteria*:



» Are made with no high fructose corn syrup



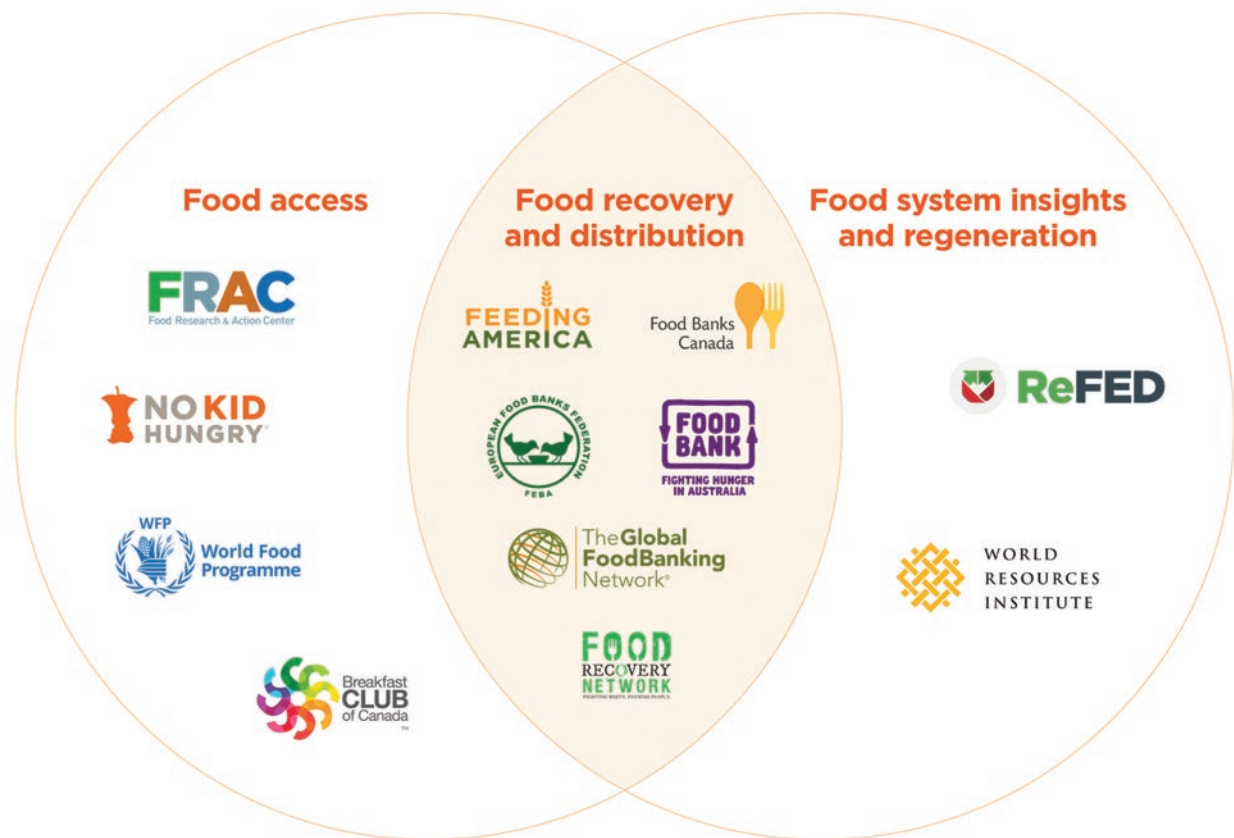
» Are made with no artificial flavors and no colors from artificial sources

¹View columns in the Bid Specs section beginning on page 20 to find products that meet these criteria



General Mills is...
Committed to Helping End Child Hunger

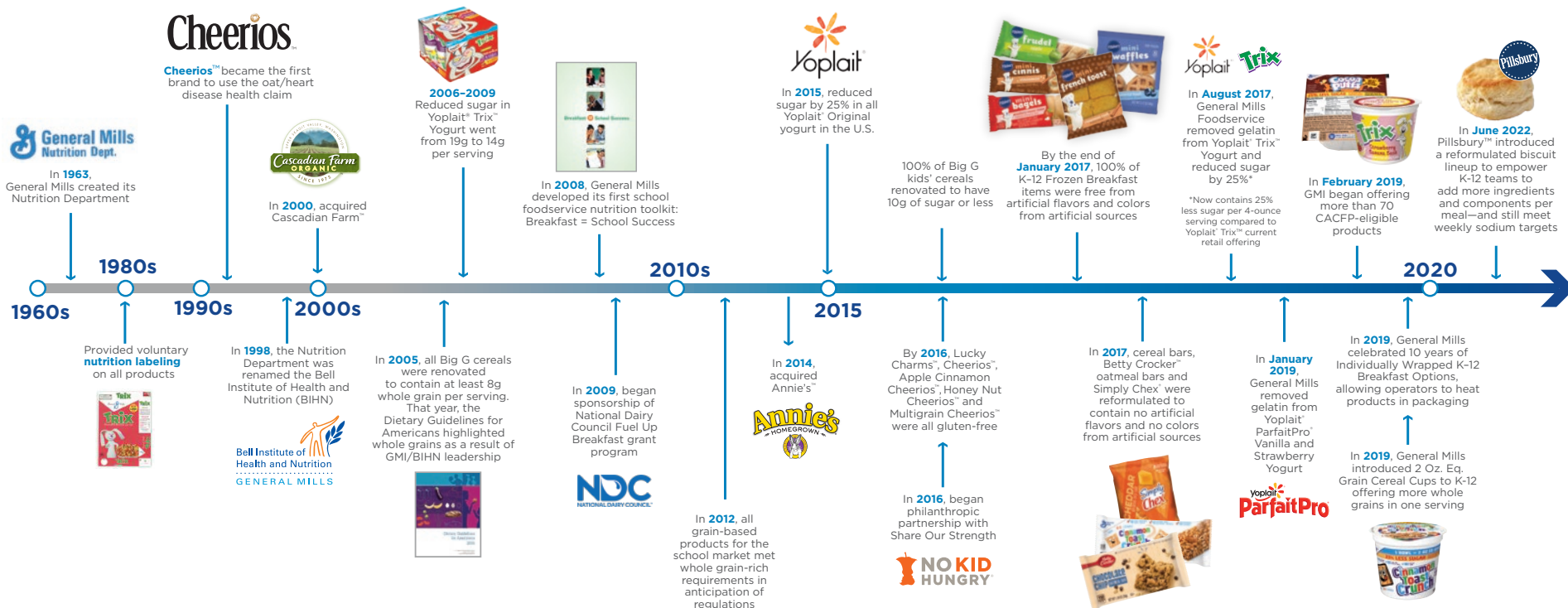
We work with a variety of organizations around the world to increase food access and enable food recovery. Here are a few of our key partners and how their efforts intersect.





General Mills is... Leading the Way in School Nutrition

For more than 50 years, General Mills has been a leader in health and nutrition innovation.



General Mills is...

Providing Resources to Serve You



Product Nutrition Finder

Try our product nutrition finder to:

- » Discover products that meet your needs
- » Download crediting letters in one batch
- » generalmillscf.com/resources/product-nutrition-finder



Buy American Letter

- » Our signed letter certifying that all K-12 products in this guide comply with the Buy American provision.
- » generalmillscf.com/resources/product-nutrition-finder



Marketing and Support Tools

From recipe books to table tents and so much more, download our marketing and support tools to get your students excited about school food.

- » generalmillscf.com/support-tools-guide



Website

Visit our website for the latest product news and information from General Mills.

- » generalmillscf.com/industries/k12



Rebates and Promotions

Rebates and promotions are available through your local sales representative and digitally.

- » generalmillscf.com/resources/rebates



Menu Templates

Get free monthly and cycle menu templates from the General Mills Bell Institute of Health and Nutrition to help you plan even more efficiently.

- » generalmillscf.com/bihn-menu-templates



K-12 Recipe Inspiration

Find inspiration in our recipe books for bulk yogurt, blenderless smoothies and sandwiches. They're available from your local sales representative and on our website.

- » generalmillscf.com/building-a-menu



K-12 Connections Events

Meet up with other local K-12 foodservice operators to learn more about our products, nutritional trends and culinary ideas, and to share best practices.



General Mills K-12 Newsletter

Read about industry best practices, new products and General Mills K-12 announcements. To receive our monthly newsletter, sign up on our website.

- » generalmillscf.com



Direct Sales Force

Our K-12 dedicated sales force has the product knowledge and industry insight to help you find solutions. If you don't know your local sales rep yet, contact us.

- » generalmillscf.com/contact-us



Follow Us on Social

Find us on [Facebook](#) (General Mills for K-12 Schools) and [Instagram](#) (@generalmillsk12) to be in the know about all things General Mills K-12!



Keep Kids Fed Toolkit

Access resources to help make sure each student applies to receive free and reduced meals. Download the toolkit here:

- » generalmillscf.com/keepkidsfed



GROW WITH GRAINS!

Explore exciting, low-labor ways to deliver ideas, recipes, tips and tricks that bring excitement to Generation Z and Generation Alpha (born 2010-2024).

These generations are more diverse and have grown up in an online world. It's important to engage them in unique ways. Limited editions, new flavor

profiles, flavor mashups and delicious product forms are just a few ways to bring school meals to life for these younger generations.

Grow with Grains helps you put a fun spin on student favorites. It allows you to do more with less and meet the needs of today's students with menu options that drive participation through tasty, regulation-ready solutions.

WHAT DO GEN Z AND GEN ALPHA VALUE IN FOOD?

Your students are a part of these generations, so understanding how they value food will help you drive program participation and encourage students to choose school food.

 HEALTH

 FUEL

 COMMUNICATION

 FUN

 COMMUNITY

General Mills Marketing Tools Provide On-Trend Inspiration to Make School Food Students' First Choice

▶ VIDEO CONTENT



Menu Moment with Chef Monica

In this video series, Chef Monica shares recipe ideas in a convenient, short format. Watch for new videos each month for fun, simple and on-trend menu inspiration to try at your K-12 operation. Make sure to download the corresponding recipe information with each month's video. Enjoy the series and bring fun menu moments to your school this year!

Monica Coulter is the K-12-specific corporate chef with General Mills. She strives to create menu ideas that help operators across the country delight their students.

» generalmillscf.com/menu-moment-with-chef-monica



PRINT & DIGITAL DOWNLOADS

Download free items like recipe books, posters, table tents, worksheets, placemats and more!



SOCIAL COMMUNITY

Get the latest news, engage with other K-12 operators and be inspired by stories of K-12 Trayblazers who are doing amazing things to keep kids fed in their schools.

“ I want students to love the school food experience just as they do at fast-casual restaurants! ”

- CHEF MONICA COULTER

Keep it Fresh with Easy, Fun Grab 'N Go Meal Ideas!



CHICKEN & WAFFLES

Students will love this delicious combination of **Mini Waffles** and chicken nuggets wherever they may dine. Complete the meal with a **blenderless smoothie**, breakfast potatoes and milk.



CRUNCH FOR LUNCH SALAD

The flavors of summer can be enjoyed year round and in any location with **Blueberry Chex™** sprinkled on a strawberry/blueberry spinach salad. An individually-wrapped **yogurt** (or meat/meat alternative) and milk finish the meal.



TO-GO TACO BOWL

Create a savory, flavorful meal using a **Corn Chex™ Bowlpak** combined with taco meat, cheese and salsa. Apple slices and carrot sticks paired with a yogurt-based dipping sauce and milk round out the dish.

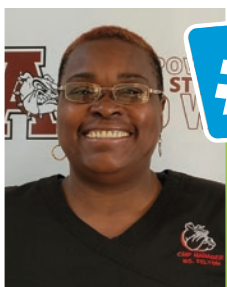


A DIPPABLE, GRAB 'N GO FAVORITE

Cheesy Pull-Aparts and zucchini sticks can be dipped in a delicious marinara sauce for a fun lunchtime meal or snack. Apple juice, an orange and milk make the meal.



Tim Butts
Beloit, WI



Tonya Felton
Anniston, AL

#TRAYBLAZERS

K-12 #Trayblazers like you are going above and beyond to come up with innovative ways to better serve students. Read their inspiring stories and **nominate your own #Trayblazer today!**



New & Renovated K-12 Products

General Mills has the variety you need to give every student the flavors they love. From breakfast to lunch to à la carte, find the perfect options for your menu with these latest renovated or new offerings for K-12!



FIND ON PAGE 39

SODIUM-RENOVATED BISCUITS

Tasty and versatile sodium solutions

- Add more ingredients and flavors per meal, and still stay within weekly sodium guidelines
- Enjoy the same golden appearance and texture as before
- Choose from six kid-pleasing biscuit options in popular formats and sizes

2-GRAIN CEREAL BARS

Really BIG News

- Our biggest cereal bar yet delivers 2 oz. equivalent grains in each serving
- A mess-free, convenient and on-the-go cereal solution that students will LOVE for any meal occasion
- Exciting new flavors added to the bar portfolio: Lucky Charms™, Peach Cheerios™ plus the ultimate student favorite Cinnamon Toast Crunch™

FIND ON PAGE 25



FIND ON PAGES 21 & 23

NEW TRIX™ 2-GRAIN CEREAL CUP AND BOWLPAK WITH FUN SHAPES

FUN in every way, SHAPE and form!

- Trix™ Cereal is a top flavor in K-12 that's sure to drive participation
- Trix™ 2 oz. equivalent grain cereal cups have 25% less sugar* and are CACFP-eligible** (6g/1 oz. equivalent grain)
- No artificial colors or high fructose corn syrup

GO-GURT® MIXED BERRY

NEW to the Mix: Yoplait® Simply Go-Gurt® Mixed Berry

- Fun, easy to open and delicious
- Students can grab-and-go — no spoon required
- Made with no artificial flavors, no colors from artificial sources and no high fructose corn syrup
- 0.5 meat/meat alternate crediting

FIND ON PAGE 30

*At least 25% less sugar than the leading fruit-flavored cereal. No reduction in calories. Sugar content is 6g/oz. equivalent grain vs. the leading fruit-flavored cereal at 10g per serving.

**1 oz. bowlpak is Smart Snacks-compliant. The new 2 oz. equivalent cup can be served same day or the following day of service. See USDA Memo SP35-2014.

Smoothie Solutions

Smoothies are a fun way to give students servings of fruit, veggies, yogurt and more. Here are a few fresh tips for mixing up your smoothie offerings.

BLENDERLESS SMOOTHIES

See how you can mix things up with ingredients you already have on hand — and ditch the blender! Watch along as Chef Monica shows you how.



12 FREE RECIPES!

» generalmillscf.com/resources/videos/blenderless-101

GARDEN COOLERS

Get creative with your USDA commodities and make tasty Garden Coolers. Find recipes for Strawberry Beet, Carrot Ginger, Spinach Chai and other delicious choices.

» generalmillscf.com/resources/videos/garden-coolers

TIP: SMOOTHIES CAN BE FROZEN

Pre-portion 8 oz. in a 9 oz. cup and top with a lid before freezing.

- Frozen smoothies thaw to a fun, slushy consistency when stored under refrigeration overnight.
- Frozen smoothies can help keep other products cold when packing student meals for home use or field trips.

YOPLAIT® PARFAITPRO® MADE WITHOUT GELATIN!

Your main squeeze just got better—ParfaitPro® is made without gelatin for foodservice. Student-approved: preferred taste and texture to Dannon Pro.* An incredibly versatile bulk yogurt option, it can be used for parfaits, smoothie bowls, YoGo Coolers and more!

- ✓ Preferred taste*
- ✓ Preferred texture*
- ✓ Made without gelatin

*Based on external single location CLT., N=240, 8/14/18. Based on mean liking & preference scores with teens and kids Dannon Pro Vanilla vs ParfaitPro Vanilla & Dannon Pro Strawberry vs ParfaitPro Strawberry. Texture = thickness, smoothness & creaminess liking.

Yoplait
ParfaitPro

FIND ON PAGE 33

À La Carte Items

Make smart snacks a success every day.

General Mills offers over 80 Smart Snacks-compliant options to meet your needs. See which products are compliant by looking for the checkmark ✓ on pages 20-42!



CEREALS • YOGURTS • GRAIN SNACKS • FRUIT-FLAVORED SNACKS



OFFER
READY-TO-EAT
PRODUCTS!

SERVE
SCRATCH-LIKE
MEALS WITH
EASE



We've Got **SOLUTIONS** For Every Operation

Every K-12 operation has different serving models: from the cafeteria to the classroom to grab 'n go. General Mills is here to help you find the solutions you need — from demand for quick in-and-out lunches, to minimal time for serving breakfast to constant pressure to keep labor costs low.

FIND THIS
CINNABISCUIT
SNAX RECIPE!



Where Does Your Operation Fall On the Prep Scale?

We can help with solutions for every kitchen type and labor skillset.



Items that require no back-of-house preparation and arrive ready-to-serve.



NO-PREP



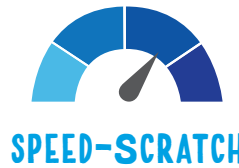
Items that require very minimal back-of-house preparation.



LOW-PREP



Items that deliver scratch-like appearance, texture and flavor, but require far less preparation than actual scratch cooking and baking.



SPEED-SCRATCH



The real-deal scratch preparation made easy with delicious, whole wheat flours and add-water-only mixes.



FROM-SCRATCH





Cereal & Yogurt

NO-PREP

WE HAVE A CEREAL FOR EVERY PROGRAM.

From gluten-free to CACFP-eligible to cereals made with no artificial flavors and no colors from artificial sources.



NEED INSPIRATION? CHECK OUT OUR CRUNCH FOR LUNCH RECIPE BOOKLET.

GLUTEN-FREE AND CACFP-ELIGIBLE



2 OZ. EQUIVALENT GRAIN FORMAT

GENERAL MILLS OFFERS 9 OF THE TOP 10 K-12 CEREAL BRANDS!¹

PORTABLE, ONE-HANDED EATING

ON-THE-GO YOGURT ALL DAY LONG!

Yoplait® Trix™ Yogurt, 4 oz.

35% less sugar than retail Trix™ Yogurt.²

Yoplait® Simply Go-GURT®, 2 oz.

Yoplait® Simply Go-GURT® is a nutritious, less-mess snack that adds fun in the cafeteria, in the classroom and on-the-go.



¹The NPD Group/SupplyTrack®, RTE Cereal in K-12 channel, 12 months ending August 2021, in dollars & pounds

²Sugar content lowered 35%, from 14g in retail Trix yogurt to 9g per serving.



Snack Products Across the Day

Ideal for your reimbursable meals and à la carte snack line.



FROM BREAKFAST...

TO LUNCH...

TO SNACKS AND OTHER
CACFP PROGRAMS!



Individually Wrapped Frozen Grain Items

Versatile, 2 oz. equivalent grain options are perfect for on-the-tray or on-the-go eating. In the cafeteria, classroom or in the hallway, students will love these delicious, wholesome, warmable products.



Griddle Classics

Discover new, eye-catching packaging across our hot Pillsbury™ breakfast portfolio! These products are easy to menu, easy to prep and easy to serve.





Individually Wrapped Frozen Grain Items

Student favorites...with a twist!

Easy, delicious items that surprise and delight—with just enough familiarity to keep students comfortable.



Pillsbury™ Cheesy Pull-Aparts

An easy, cheesy entrée with 2 meat alternate nutrition and 2 oz. equivalent grains per serving!



Nature Valley™ Soft Oatmeal Rounds

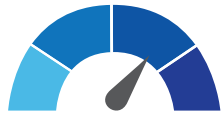
Hearty, warmable and portable—plus, Gen Z ranks Nature Valley™ a top 10 snack brand¹.



THE TASTE STUDENTS LOVE, THE EASE OPERATORS NEED

“ Making breakfast efficient and delicious is a top priority in K-12. That’s why General Mills was the first to create individually wrapped, whole grain breakfast items back in 2010, and have continued to grow with new and renovated products to continue keeping your operation fresh and your students lining up! ”

- CHEF MONICA COULTER



SPEED-SCRATCH

Bring Fast-Casual Quality to Your Meals with



K-12 WHOLE GRAIN PLACE & BAKE MUFFIN TOP BATTER 2.1 OZ.

Bring that hot out-of-the-oven aroma to your schools! Freezer-to-oven 1 oz. equivalent grain muffin tops in two student-loved flavors: Blueberry made with whole, real fruit, and Chocolate Chip with rich, sweet chocolate chips.

PILLSBURY™ K-12 FREEZER-TO-OVEN WHOLE GRAIN CINNAMON ROLL DOUGH 2.7 OZ.

Giving you fresh-baked goodness with quick and easy 2 oz. equivalent grain cinnamon rolls. Simply place, bake and serve in as little as 18 minutes!¹

PILLSBURY™ WHOLE GRAIN AND NON-WHOLE GRAIN BISCUITS

Tasty biscuits in 1-2 oz. equivalent grain options, both in baked and unbaked formats. Designed to produce light and fluffy biscuits every time!²

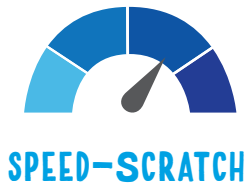
“Whenever we bake Pillsbury™ Cinnamon Rolls, the whole school knows it. Students and staff alike come to enjoy our fresh out-of-the-oven cinnamon rolls for breakfast.”

- DAVID CAROCHI
DIRECTOR OF NUTRITION SERVICES, HESPERIA USD

WE REDEVELOPED SOME BISCUIT VARIETIES TO PROVIDE SODIUM SOLUTIONS THAT ALLOW THEM TO BE USED MULTIPLE TIMES PER WEEK!

¹Full sheet 4x6 24 rolls: Convection oven baking time at 300°F 18-23 minutes; standard/reel oven baking time at 350°F 29-34 minutes

²Source: NPD SupplyTrack, data ending August 2021, Category: Total Fz Biscuits, Foodservice Channel



Bulk Yogurt

Yoplait® helps you do more with less and easily craft delicious, on-trend yogurt items.



PARFAITS

Parfaits are an easy way to generate excitement with limited-time offers, or a great way to use fruit from USDA Foods. Try adding Nature Valley™ granola or bulk cereal for a delicious crunch!

YOGO COOLERS

Modeled after the cool and refreshing coffee drinks students order at their favorite fast-casual restaurants, make these coolers with regular or decaffeinated coffee—either way, they're sure to be a hit.

OVERNIGHT OATS

An on-trend, make-ahead yogurt application that's as easy as it is delicious!

CRUNCH FOR LUNCH BENEFITS

Use bulk yogurt to provide a lunch offering for Meatless Mondays.

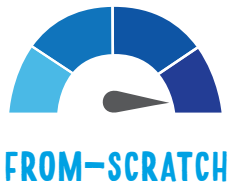
“Students and staff love ParfaitPro®! Our ‘make your own parfait’ bars and smoothies are a huge hit in all of our schools for breakfast and for lunch. The ease, convenience, and great taste of ParfaitPro® is top notch! We love it!”

- WHITNEY THORNTON
FOOD & NUTRITION DIRECTOR, YORK SCHOOLS

DON'T FORGET ABOUT BLENDERLESS SMOOTHIES & GARDEN COOLERS ON PAGE 9!



*Based on external single location CLT., N=240, 8/14/18. Based on mean liking & preference scores with teens and kids DannonPro Vanilla vs ParfaitPro Vanilla & DannonPro Strawberry vs ParfaitPro Strawberry. Texture = thickness, smoothness & creaminess liking



Mixes

Use our **whole grain** and **non-whole grain** mixes and flours to create delicious from-scratch items your students will love.



FIESTA CORN SQUARES

Kick whole grain muffin squares up a notch with corn, cheddar and spicy jalapeños.



PB OAT COOKIES

Oats and whole grain muffin mix give these peanut butter cookies a chewy texture to enhance the classic flavors of this popular favorite.

BUTTERNUT CHOCOLATE CHIP BREAD

An innovative way to incorporate veggies into a sweet treat.

“Monica came out to our district to help us develop a recipe utilizing USDA butternut squash that our students will eat. The la calabaza bars are great because they are so versatile. You can make them as a bar, muffin, biscotti, etc.”

- LAUREN SPOKE, RD, LD, SNS

CHILD NUTRITION SPECIALIST
ORONO PUBLIC SCHOOLS



2023-2024 School Bid Specs Catalog



Boost participation all day long with the brands you know they love. You'll find everything you need right in this guide. For planning support, go to generalmills.com/k12.



CUP & BOWLPACK CEREAL

UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
2 oz. EQUIVALENT GRAIN CEREAL CUP																								
100-16000-17262-0	Blueberry Chex™ Cereal K12 2 oz. Eq Grain Gluten-free Oven-toasted, whole grain rice cereal, naturally blueberry flavored in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 2 oz. equivalent grain. 12 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	60/2 oz	2	√	√	√	√	√	√	U	56g	240	45	5	6	0.5	3	0	350	46	1	12	✦	√
100-16000-14883-0	Cinnamon Chex™ K12 2 oz. Eq Grain Gluten-free Sweetened, whole grain rice cereal made with real cinnamon in a cup format that leaves room for milk. Gluten-free. 1 cup equals 2 oz. equivalent grain. 12 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	60/2 oz	2	√	√	√	√	√	√	U	56g	230	45	5	7	0.5	3	0	320	46	3	12	✦	√
100-16000-14886-1	25% Less Sugar Cinnamon Toast Crunch™ K12 2 oz. Eq Grain Sweetened, whole grain wheat and whole grain rice cereal made with real cinnamon in a cup format that leaves room for milk. 1 cup equals 2 oz. equivalent grain. 11 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	60/2 oz	2	√		√	√	√	√	U ^P	56g	210	45	5	7	0.5	3	0	320	44	7	11	✦	√
100-16000-28932-1	Cinnamon Toast Crunch™ K12 2 oz. Eq Grain Crisp, sweetened whole grain wheat and whole grain rice cereal made with real cinnamon in a bowlpak format. 1 cup equals 2 oz. equivalent grain. 17 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	60/2 oz	2	√		√	√	√	√	U ^P	56g	240	54	6	7	0.5	3	0	320	45	3	17	✦	
100-16000-14885-4	Cocoa Puffs™ Special Edition K12 2 oz. Eq Grain A puffed, sweetened, whole grain corn-based chocolate-flavored cereal in a cup format that leaves room for milk. 1 cup equals 2 oz. equivalent grain. 15 grams of sugar per serving. Made without gelatin. No artificial flavors and no high fructose corn syrup.	60/2 oz	2	√		√		√	√	U	56g	220	22.5	2.5	3	0	0	0	230	47	3	15	✦	
100-16000-18448-7	Honey Cheerios™ K12 2 oz. Eq Grain Gluten-free Sweetened, whole grain cereal in ring-shaped pieces with real honey in a cup format that leaves room for milk. Made without gelatin. 1 cup equals 2 oz. equivalent grain. 12 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	60/2 oz	2	√	√	√	√	√	√	U	56g	210	27	3	4	0.5	4	0	340	44	5	12	✦	√

CUP & BOWLPAC CEREAL continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
2 oz. EQUIVALENT GRAIN CEREAL CUP <i>continued</i>																								
100-16000-14882-3	Honey Nut Cheerios™ K12 2 oz. Eq Grain Gluten-free Sweetened, whole grain cereal in ring-shaped pieces with real honey and natural almond flavoring in a cup format that leaves room for milk. Made without gelatin. Gluten-free. 1 cup equals 2 oz. equivalent grain. 19 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	60/2 oz	2	√	√	√	√	√	√	Ⓢ	56g	210	22.5	2.5	3	0.5	3	0	320	45	4	19	◇	
100-16000-14884-7	Lucky Charms™ K12 2 oz. Eq Grain Gluten-free Frosted, toasted, whole grain oat-based cereal with marshmallow pieces in a cup format that leaves room for milk. Gluten-free. 1 cup equals 2 oz. equivalent grain. 19 grams of sugar per serving.	60/2 oz	2	√	√			√			56g	210	22.5	2.5	3	0	0	0	360	46	4	19	◇	
100-16000-19567-4	25% Less Sugar Trix™ K12 2 oz. Eq Grain NEW! Fruit flavored, sweetened whole grain corn puffed cereal packaged in a bowlpak format. 1 cup equals 2 oz. equivalent grain. 6 grams of sugar per serving. Made without gelatin. No colors from artificial sources and no high fructose corn syrup. CACFP-eligible.	60/2 oz	2	√			√	√	√	Ⓢ	56g	220	27	3	4	0.5	3	0	320	47	3	12	◇	√
BOWLPAC CEREAL																								
100-16000-31879-0	Apple Cinnamon Cheerios™ Gluten-free Sweetened, whole grain oats with apple cinnamon taste in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 9 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	110	13.5	1.5	2	0	0	0	110	23	2	9	√	
100-16000-18446-3	Blueberry Chex™ Gluten-free Oven-toasted, whole grain rice cereal, naturally blueberry flavored in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 6 grams of sugar per serving. No artificial flavors. CACFP-eligible and Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	120	22.5	2.5	3	0	0	0	180	23	1	6	√	√
100-16000-32262-9	Cheerios™ Gluten-free Toasted, whole grain oat cereal in ring-shaped pieces in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 1 gram of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	100	18	2	3	0	0	0	140	21	3	1	√	√
100-16000-38387-3	Cinnamon Chex™ Gluten-free Sweetened, whole grain rice cereal made with real cinnamon in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 6 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	110	22.5	2.5	3	0	0	0	160	23	1	6	√	√
100-16000-29444-5	25% Less Sugar Cinnamon Toast Crunch™ Sweetened, whole grain wheat and whole grain rice cereal made with real cinnamon in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 6 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	96/1 oz	1	√		√	√	√	√	Ⓢ ⁰	28g	100	22.5	2.5	3	0	0	0	160	22	4	6	√	√

CUP & BOWLPK CEREAL continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
100-16000-11815-4	Cinnamon Toast Crunch™ Crisp, sweetened, whole grain wheat and whole grain rice cereal made with real cinnamon in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 8 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1 oz	1	√		√	√	√	√	Ⓢ	28g	120	27	3	4	0	0	0	160	22	1	8	√	
100-16000-31888-2	Cocoa Puffs™ Special Edition A puffed, sweetened, whole grain, corn-based, chocolate-flavored cereal in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 8 grams of sugar per serving. Made without gelatin. No artificial flavors and no high fructose corn syrup. Smart Snacks-compliant.	96/1.06 oz	1	√		√		√	√	Ⓢ	30g	120	13.5	1.5	2	0	0	0	125	25	2	8	√	
100-16000-33213-3	Corn Chex™ Gluten-free Oven-toasted, whole grain corn cereal in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 3 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	100	4.5	0.5	1	0	0	0	200	24	1	3	√	√
100-16000-11768-3	Frosted Corn Flakes™ Sugar-frosted flakes of whole grain corn in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 7 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1 oz	1	√		√	√	√	√	Ⓢ	28g	110	0	0	0	0	0	0	170	24	1	7	√	
100-16000-11943-4	Golden Grahams™ Whole grain graham cereal in rectangular, ridged pieces in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 8 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	96/1 oz	1	√		√	√	√	√	Ⓢ	28g	110	9	1	1	0	0	0	210	24	1	9	✦	
100-16000-18447-0	Honey Cheerios™ Gluten-free Sweetened, whole grain cereal in ring-shaped pieces with real honey in a bowlpak format. Made without gelatin. 1 bowl equals 1 oz. equivalent grain. 6 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	110	13.5	1.5	2	0	0	0	170	22	2	6	√	√
100-16000-11918-2	Honey Nut Cheerios™ Gluten-free Sweetened, whole grain cereal in ring-shaped pieces with real honey and natural almond flavoring in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 9 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	110	13.5	1.5	2	0	0	0	160	23	2	9	√	
100-16000-11866-6	Honey Nut Chex™ Gluten-free Oven-toasted, whole grain corn cereal, sweetened with real honey and natural almond flavoring in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 9 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1.13 oz	1	√	√	√	√	√	√	Ⓢ	31g	120	4.5	0.5	1	0	0	0	200	27	1	9	√	
100-16000-11942-7	Kix™ Toasted, whole grain corn, puffed into pieces in a bowlpak format. 1 bowl equals 0.5 oz. equivalent grain. 2 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	96/0.625 oz	0.5	√		√	√	√	√	Ⓢ	17g	70	4.5	0.5	1	0	0	0	100	14	1	2	√	√

CUP & BOWLPAK CEREAL continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
100-16000-31917-9	Lucky Charms™ Gluten-free Frosted, toasted, whole grain oat-based cereal with marshmallow pieces in a bowlpak format. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 9 grams of sugar per serving. No high fructose corn syrup. Smart Snacks-compliant.	96/1 oz	1	√	√			√			28g	110	9	1	2	0	0	0	180	23	2	9	√	
100-16000-32263-6	Multigrain Cheerios™ Gluten-free Whole grain oats, corn, rice, sorghum and millet lightly sweetened packaged in a bowlpak format. Made without gelatin. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 6 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	110	9	1	2	0	0	0	105	23	2	6	√	√
100-16000-31919-3	Reese's Puffs Puffed, whole grain corn cereal sweetened with Reese's peanut butter and Hershey's™ cocoa packaged in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 9 grams of sugar per serving. Made without gelatin. No colors from artificial sources and no high fructose corn syrup. Smart Snacks-compliant. <i>REESE'S and REESE'S PUFFS trademarks, trade dress, REESE'S Orange Color and Crown Designs are used under license.</i>	96/1 oz	1	√		√	√	√	√	Ⓢ	28g	120	27	3	4	0.5	3	0	160	21	1	9	√	
100-16000-31921-6	Rice Chex™ Gluten-free Oven-toasted, whole grain rice cereal packaged in a bowlpak format. Gluten-free. 1 bowl equals 1 oz. equivalent grain. 2 grams of sugar per serving. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	96/1 oz	1	√	√	√	√	√	√	Ⓢ	28g	110	4.5	0.5	1	0	0	0	230	24	1	2	✖	√
100-16000-12392-9	Total™ Raisin Bran Crisp, whole grain wheat and bran flakes with raisins packaged in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 12 grams of sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	96/1.19 oz	1	√		√	√	√	√	Ⓢ	33g	120	4.5	0.5	1	0	0	0	140	28	3	12	✖	
100-16000-31922-3	25% Less Sugar Trix™ Fruit flavored, sweetened, whole grain corn puffed cereal packaged in a bowlpak format. 1 bowl equals 1 oz. equivalent grain. 6 grams of sugar per serving. Made without gelatin. No colors from artificial sources and no high fructose corn syrup. CACFP-eligible.	96/1 oz	1	√			√	√	√	Ⓢ	28g	110	13.5	1.5	2	0	0	0	160	23	1	6	√	√

BULK CEREAL



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
100-21908-12772-6	Cascadian Farm™ Oats & Honey Granola Organic Bulk, delicious blend of honey-coated whole grain oats and crisp rice. Non-GMO. Certified organic. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/44 oz	2	√		√	√	√	√		62g	270	63	7	10	1	5	0	55	46	3	14	✦	
100-16000-11977-9	Cheerios™ Gluten-free Bulk, toasted, whole grain oat cereal in ring-shaped pieces. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	4/29 oz	1.25	√	√	√	√	√	√	Ⓢ	39g	140	22.5	2.5	3	0.5	3	0	190	29	4	2	√	√
100-16000-38391-0	Chocolate Chex™ Gluten-free Bulk, whole grain rice cereal with natural chocolate flavor. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/49 oz	1.5	√	√	√	√	√	√	Ⓢ	43g	180	31.5	3.5	4	0.5	3	0	270	36	2	11	✦	
100-16000-11813-0	Cinnamon Toast Crunch™ Bulk, crisp, sweetened whole wheat and rice cereal made with real cinnamon. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/45 oz	1.25	√		√	√	√	√	Ⓢ	41g	170	36	4	5	0	0	0	230	33	2	12	✦	
100-16000-13326-3	Corn Chex™ Gluten-free Bulk, oven-toasted, whole grain corn cereal. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	4/33 oz	1.25	√	√	√	√	√	√	Ⓢ	39g	150	9	1	1	0	0	0	280	33	2	4	✦	√
100-16000-11989-2	Golden Grahams™ Bulk, whole grain graham cereal in rectangular, ridged pieces. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/43.5 oz	1.25	√		√	√	√	√	Ⓢ	40g	150	13.5	1.5	2	0	0	0	300	34	2	12	✦	
100-16000-11988-5	Honey Nut Cheerios™ Gluten-free Bulk, sweetened, whole grain cereal in ring-shaped pieces with real honey and natural almond flavoring. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/39 oz	1.25	√	√	√	√	√	√	Ⓢ	37g	140	18	2	3	0	0	0	210	30	3	12	✦	
100-16000-11965-6	Kix™ Bulk, crispy, whole grain, corn-puffed cereal. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	4/25 oz	1.25	√		√	√	√	√	Ⓢ	40g	160	9	1	1	0	0	0	220	34	3	4	✦	√
100-16000-11998-4	Lucky Charms™ Gluten-free Bulk, frosted, toasted, whole grain, oat-based cereal with marshmallow pieces. Gluten-free. No high fructose corn syrup.	4/35 oz	1.25	√	√			√			36g	140	13.5	1.5	2	0	0	0	230	30	2	12	✦	
100-16000-27111-8	Nature Valley™ Granola - Oats 'n Honey Bulk blend of whole grain oats and honey. Real pieces of Nature Valley™ Oats 'n Honey Bars. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/50 oz	1	√		√	√	√	√	Ⓢ	27g	120	40.5	4.5	6	0.5	3	0	95	19	1	7	√	
100-16000-13325-6	Rice Chex™ Gluten-free Bulk, oven-toasted, whole grain rice cereal. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	4/33 oz	1.25	√	√	√	√	√	√	Ⓢ	40g	160	9	1	1	0	0	0	330	35	2	3	✦	√
100-16000-11963-2	Trix™ Bulk, classic, fruit-flavored, sweetened, whole grain corn puff cereal. Made without gelatin. Smart Snacks-compliant.	4/32 oz	1.25	√				√	√	Ⓢ	39g	160	18	2	3	0	0	0	180	33	1	12	✦	

CEREAL BARS



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
1 oz. EQUIVALENT GRAIN CEREAL BARS																							
100-16000-45576-1	Cinnamon Toast Crunch™ A chewy cereal bar made with Cinnamon Toast Crunch™ pieces. Made without gelatin. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1.42 oz	1	√	√	√	√	√		40g	160	31.5	3.5	4	0	0	0	120	30	3	8	√	
100-16000-45577-8	Cocoa Puffs™ A chewy cereal bar made with Cocoa Puffs™ pieces. Made without gelatin. Individually wrapped. 1 serving equals 1.25 oz. equivalent grain. Whole grain-rich. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1.42 oz	1.25	√	√		√	√		40g	160	31.5	3.5	4	0	0	0	105	29	3	9	√	
100-16000-31913-1	Golden Grahams™ A chewy cereal bar made with Golden Grahams™ pieces. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1.42 oz	1	√	√	√	√			40g	150	31.5	3.5	4	0	0	0	115	30	3	9	√	
100-16000-31914-8	Team Cheerios™ A strawberry-flavored, chewy cereal bar made with Cheerios™ pieces and sweetened cranberries. Made without gelatin. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	96/1.42 oz	1	√	√	√	√	√		40g	160	31.5	3.5	4	0.5	3	0	90	29	3	9	√	
100-16000-31915-5	Trix™ A chewy cereal bar made with Trix™ pieces. Made without gelatin. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. No colors from artificial sources and no high fructose corn syrup. Smart Snacks-compliant.	96/1.42 oz	1	√		√	√	√		40g	160	31.5	3.5	4	0.5	3	0	105	29	3	9	√	
2 oz. EQUIVALENT GRAIN CEREAL BARS																							
100-16000-16854-8	Cinnamon Toast Crunch™ NEW! A chewy cereal bar made with Cinnamon Toast Crunch™ pieces. Made without gelatin. Individually wrapped. 1 serving equals 2 oz. equivalent grain. Whole grain-rich. No artificial flavors and no high fructose corn syrup.	48/2.5 oz	2	√	√		√	√		70g	260	45	5	7	0.5	3	0	200	52	5	15		
100-16000-16853-1	Lucky Charms™ NEW! A chewy cereal bar made with Lucky Charms™ pieces. Individually wrapped. 1 serving equals 2 oz. equivalent grain. Whole grain-rich. No high fructose corn syrup.	48/2.5 oz	2	√			√			70g	280	54	6	8	0.5	3	0	170	51	5	16		
100-16000-16856-2	Peach Cheerios™ NEW! A peach flavored, chewy cereal bar made with Cheerios™ pieces. Made without gelatin. Individually wrapped. 1 serving equals 2 oz. equivalent grain. Whole grain-rich. No artificial flavors and no high fructose corn syrup.	48/2.5 oz	2	√	√		√	√		70g	280	54	6	8	0.5	4	0	170	51	5	14		

OTHER GRAIN SNACKS



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
NATURE VALLEY™ GRANOLA BARS																							
100-16000-11590-0	Nature Valley™ Chewy Chocolate Chunk A wholesome, chewy chocolate chunk bar. 1 serving equals 0.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	120/0.89 oz	0.5	√	√	√	√	√	Ⓢ ^p	25g	100	18	2	2	0.5	3	0	60	18	1	6	√	
100-16000-11594-0	Nature Valley™ Chewy Oatmeal Raisin A wholesome, chewy oatmeal raisin bar. 1 serving equals 0.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	120/0.89 oz	0.5	√	√	√	√	√	Ⓢ ^p	25g	90	13.5	1.5	2	0	0	0	55	19	1	6	√	
100-16000-15120-5	Nature Valley™ Chewy Trail Mix Bar - Fruit & Nut A wholesome, chewy bar with real fruit and nuts. 1 serving equals 0.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	128/1.20 oz	0.5	√	√	√	√	√		34g	150	40.5	4.5	6	0.5	3	0	65	24	2	8	√	
100-16000-11591-7	Nature Valley™ Chewy Variety Pack Includes Nature Valley™ Chewy Chocolate Chunk and Chewy Oatmeal Raisin bars. 1 serving equals 0.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	120/0.89 oz	0.5	√	√	√	√	√	Ⓢ ^p	See Individual Flavor Nutrition Above												√	
100-16000-33530-8	Nature Valley™ Crunchy Oats 'n Honey (Double Bar) A crunchy, oats and honey-flavored granola bar. Two bars per package. 1 serving equals 1.25 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	108/1.49 oz	1.25	√	√	√	√	√	Ⓢ	42g	190	63	7	9	1	4	0	140	29	2	11	√	
100-16000-11582-5	Nature Valley™ Crunchy Oats 'n Honey (Single Bar) A crunchy, oats and honey-flavored granola bar. One bar per package. 1 serving equals 0.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	144/0.74 oz	0.5	√	√	√	√	√	Ⓢ	21g	100	31.5	3.5	5	0	0	0	70	15	1	6	√	
100-16000-33550-6	Nature Valley™ Crunchy Peanut Butter (Double Bar) A crunchy granola bar made with real peanut butter. Two bars per package. 1 serving equals 1.25 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	108/1.49 oz	1.25	√	√	√	√	√	Ⓢ	42g	200	72	8	11	1	5	0	160	28	2	11		
100-16000-11584-9	Nature Valley™ Crunchy Peanut Butter (Single Bar) A crunchy granola bar made with real peanut butter. One bar per package. 1 serving equals 0.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	144/0.74 oz	0.5	√	√	√	√	√	Ⓢ	21g	100	36	4	5	0	0	0	80	14	1	5		
NATURE VALLEY™ CRISPS																							
100-16000-48255-2	Nature Valley™ Crisps Chocolate Chip Crispy chocolate chip-flavored oat biscuits made with real chocolate chips. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	120/1.2 oz	1	√	√	√	√	√	Ⓢ ^p	34g	150	45	5	7	1	5	0	140	24	2	9	√	√
100-16000-48256-9	Nature Valley™ Crisps Cinnamon Crispy cinnamon-flavored oat biscuits made with real cinnamon. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	120/1.2 oz	1	√	√	√	√	√	Ⓢ ^p	34g	150	45	5	6	0.5	3	0	140	25	2	9	√	√

OTHER GRAIN SNACKS continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
BETTY CROCKER™ OATMEAL BARS																							
100-16000-45976-9	Betty Crocker™ Oatmeal Bar Butterscotch A whole grain oatmeal bar flavored with butterscotch. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	144/1.24 oz	1	√	√	√	√	√	U ^D	35g	150	45	5	6	1	6	0	105	25	2	9	√	
100-16000-45977-6	Betty Crocker™ Oatmeal Bar Chocolate Chip A whole grain oatmeal bar made with chocolate chips. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	144/1.24 oz	1	√	√	√	√	√	U ^D	35g	150	45	5	6	1	5	0	105	25	2	8	√	
100-16000-45566-2	Betty Crocker™ Oatmeal Bar Double Chocolate A chocolate, whole grain oatmeal bar. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Smart Snacks-compliant.	144/1.24 oz	1	√	√	√	√	√	U ^D	35g	150	45	5	6	1	4	0	110	24	3	9	√	
ANNIE'S™ PRODUCTS																							
000-13562-00237-5	Annie's™ Bunny Grahams™ Friends: Chocolate, Chocolate Chip, Honey Organic Certified organic, whole grain-rich, bunny-shaped honey, chocolate and chocolate chip graham crackers. Individually wrapped. 1 serving equals 1.25 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	100/1.25 oz	1.25	√	√	√	√	√		35g	160	54	6	7	0.5	3	0	105	25	3	9	√	√
000-13562-00236-8	Annie's™ Bunny Grahams™ Honey Organic Certified organic, whole grain-rich, bunny-shaped honey graham crackers. Individually wrapped. 1 serving equals 1.25 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	100/1.25 oz	1.25	√	√	√	√	√		35g	160	54	6	7	0.5	3	0	140	25	3	8	√	√
100-13562-49828-1	Annie's™ Cheddar Bunnies™ Baked Snack Crackers Organic Certified organic, whole grain-rich, bunny-shaped cheddar crackers. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	100/0.75 oz	1	√	√	√	√	√		21g	90	31.5	3.5	4	0	0	0	130	13	1	0	√	√



NO PREP

OTHER GRAIN SNACKS continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Source	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
CHEX™ SNACK MIX - SINGLE SERVE																							
100-16000-31932-2	Simply Chex™ Cheddar Whole grain Chex™ cereal pieces with a cheddar flavoring. Individually wrapped. 1 serving equals 1.25 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	60/0.92 oz	1.25	√	√	√	√	√	U ^D	26g	110	22.5	2.5	3	0	0	0	130	20	2	4	√	√
100-16000-31933-9	Simply Chex™ Chocolate Caramel Whole grain Chex™ cereal pieces with great tasting chocolate and caramel flavors. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	60/1.03 oz	1	√	√	√	√	√	U ^D	29g	130	36	4	5	0.5	4	0	50	22	2	6	√	√
100-16000-31937-7	Simply Chex™ Strawberry Whole grain Chex™ cereal pieces with great tasting strawberry flavors. Individually wrapped. 1 serving equals 1 oz. equivalent grain. Made without gelatin. No colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	60/1.03 oz	1	√	√	√	√	√	U ^D	29g	130	27	3	4	1	5	0	55	23	2	6	√	√

FRUIT-FLAVORED SNACKS



UPC	Product ¹	Case/Pack	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ²	CACFP-Eligible
BETTY CROCKER™ FRUIT ROLL-UPS™																						
100-16000-11566-5	Betty Crocker™ Fruit Roll-Ups™ Blastin' Berry Hot Colors™ Reduced Sugar Gluten-free Flat, mixed berry fruit-flavored snack wrapped around a piece of cellophane for easy removal. Made with real fruit purée — first ingredient. Individually wrapped. 4g of sugar per serving. No colors from artificial sources and no high fructose corn syrup. Good source of vitamin C. Made without gelatin. Gluten-free. Smart Snacks-compliant.	96/0.5 oz	√		√	√	√	Ⓢ	14g	50	9	1	1	0.5	3	0	55	11	2	4	√	
100-16000-11561-0	Betty Crocker™ Fruit Roll-Ups™ Crazy Colors™ Reduced Sugar Gluten-free Flat, fruit-flavored snack wrapped around a piece of cellophane for easy removal. Made with real fruit purée — first ingredient. Individually wrapped. 4g of sugar per serving. No colors from artificial sources and no high fructose corn syrup. Good source of vitamin C. Made without gelatin. Gluten-free. Smart Snacks-compliant.	96/0.5 oz	√		√	√	√	Ⓢ	14g	50	9	1	1	0.5	3	0	55	11	2	4	√	
100-16000-29162-8	Betty Crocker™ Fruit Roll-Ups™ Strawberry Reduced Sugar Gluten-free Flat, strawberry fruit-flavored snack wrapped around a piece of cellophane for easy removal. Made with real fruit purée — first ingredient. Individually wrapped. 4g of sugar per serving. No colors from artificial sources and no high fructose corn syrup. Good source of vitamin C. Made without gelatin. Gluten-free. Smart Snacks-compliant.	96/0.5 oz	√		√	√	√	Ⓢ	14g	50	9	1	1	0.5	3	0	55	11	2	4	√	
BETTY CROCKER™ FRUIT SHAPES™ SCOOPY-DOO!™																						
100-16000-11510-8	Betty Crocker™ Fruit Shapes™ Scooby-Doo!™ Gluten-free Fruit-flavored snacks in bite-sized Scooby-Doo!™ character shapes. Made with real fruit purée — first ingredient. Individually wrapped. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Excellent source of vitamin C. Made without gelatin. Gluten-free. Smart Snacks-compliant.	96/0.9 oz	√	√	√	√	√		26g	70	0	0	0	0	0	0	35	21	5	9	√	
MOTT'S® FRUIT-FLAVORED SNACKS																						
100-16000-47954-5	Mott's® Fruit-Flavored Snacks Assorted Fruit Gluten-free Assorted fruit-flavored snacks in bite-sized, fruit shapes. Made with real fruit purée — first ingredient. Individually wrapped. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Excellent source of vitamin C. Made without gelatin. Gluten-free. Smart Snacks-compliant.	144/1.6 oz	√	√	√	√	√		45g	130	0	0	0	0	0	0	65	38	9	15	√	
100-16000-47953-8	Mott's® Fruit-Flavored Snacks Mixed Berry Gluten-free Berry fruit-flavored snacks in bite-sized, fruit shapes. Made with real fruit purée — first ingredient. Individually wrapped. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Excellent source of vitamin C. Made without gelatin. Gluten-free. Smart Snacks-compliant.	144/1.6 oz	√	√	√	√	√		45g	130	0	0	0	0	0	0	65	38	9	15	√	



NO PREP

SINGLE-SERVE YOGURT



UPC	Product ¹	Case/Pack	Oz Eq Meat/Meat Alternate	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Calcium % DV	Vitamin D % DV	Smart Snacks-Compliant ²	CACFP-Eligible	
YOPLAIT® SIMPLY GO-GURT® YOGURT 2 oz.																										
100-70470-49295-4	Yoplait® Simply Go-GURT® Strawberry Gluten-free Low fat strawberry-flavored yogurt in grip and rip pouch for easy open — no spoon required. 45 calories and 5g sugar per 2 oz. tube. 2 oz. serving equals 0.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	96/2 oz	0.5	√	√	√	√		KD	2 oz	45	4.5	0.5	1	0	0	0	30	8	0	5	8	6	√	√	
100-70470-19592-3	Yoplait® Simply Go-GURT® Mixed Berry Gluten-free NEW! Low fat mixed berry-flavored yogurt in grip and rip pouch for easy open — no spoon required. 45 calories and 5g sugar per 2 oz. tube. 2 oz. serving equals 0.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	96/2 oz	0.5	√	√	√	√		KD	2 oz	45	4.5	0.5	1	0	0	0	30	8	0	5	8	6	√	√	
YOPLAIT® TRIX™ YOGURT 4 oz.																										
000-70470-17725-0	Yoplait® Trix™ Raspberry Rainbow Gluten-free Creamy, low fat raspberry yogurt in cup format. 80 calories and 9 grams of sugar per serving. Made without gelatin. Gluten-free. 4 oz. serving equals 1 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	48/4 oz	1	√	√	√	√	√	KD	4 oz	80	4.5	0.5	1	0	0	0	65	15	0	9	10	10	√	√	
000-70470-17726-7	Yoplait® Trix™ Strawberry Banana Bash Gluten-free Creamy, low fat strawberry banana yogurt in cup format. 80 calories and 9 grams of sugar per serving. Made without gelatin. Gluten-free. 4 oz. serving equals 1 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	48/4 oz	1	√	√	√	√	√	KD	4 oz	80	4.5	0.5	1	0	0	0	65	15	0	9	10	10	√	√	
100-70470-31077-7	Yoplait® Trix™ Triple Cherry Gluten-free Creamy, low fat cherry yogurt in cup format. 80 calories and 9 grams of sugar per serving. Made without gelatin. Gluten-free. 4 oz. serving equals 1 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	48/4 oz	1	√	√	√	√	√	KD	4 oz	80	4.5	0.5	1	0	0	0	65	15	0	9	10	10	√	√	
YOPLAIT® ORIGINAL YOGURT 4 oz.																										
000-70470-17728-1	Yoplait® Original Red Raspberry/Harvest Peach Gluten-free Low-fat raspberry and peach yogurts. 4 oz. serving equals 1 meat/meat alternate. No artificial flavors, no colors from artificial sources and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	48/4 oz	1	√	√	√	√	√	KD	4 oz	100	4.5	0.5	1	0	0	0	55	21	0	15	8	10	√	√	
000-70470-17729-8	Yoplait® Original Strawberry/Strawberry Banana Gluten-free Low-fat strawberry and strawberry-banana yogurts. 4 oz. serving equals 1 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	48/4 oz	1	√	√	√	√	√	KD	4 oz	100	4.5	0.5	1	0	0	0	55	21	0	15	8	10	√	√	



NO PREP

SINGLE-SERVE YOGURT continued



UPC	Product ¹	Case/Pack	Oz Eq Meat/Meat Alternate	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Calcium % DV	Vitamin D % DV	Smart Snacks-Compliant ³	CACFP-Eligible	
YOPLAIT® ORIGINAL YOGURT 6 oz.																										
100-70470-00303-7	Yoplait® Original Cherry Orchard Gluten-free Low-fat cherry yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	90	27	0	19	20	15	√	√	
100-70470-00323-5	Yoplait® Original French Vanilla Gluten-free Low-fat vanilla yogurt. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	90	28	0	20	20	15	√	√	
100-70470-00307-5	Yoplait® Original Harvest Peach Gluten-free Low-fat peach yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	90	28	0	20	20	15	√	√	
100-70470-00306-8	Yoplait® Original Lemon Burst Gluten-free Low-fat lemon yogurt. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	115	27	0	19	20	15	√	√	
100-70470-00310-5	Yoplait® Original Mixed Berry Gluten-free Low-fat mixed berry yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	4	0	95	28	0	20	20	15	√	√	
100-70470-00302-0	Yoplait® Original Mountain Blueberry Gluten-free Low-fat blueberry yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	85	28	0	20	20	15	√	√	
100-70470-00301-3	Yoplait® Original Red Raspberry Gluten-free Low-fat raspberry yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	100	27	0	19	20	15	√	√	
100-70470-00300-6	Yoplait® Original Strawberry Gluten-free Low-fat strawberry yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	90	27	0	19	20	15	√	√	
100-70470-00313-6	Yoplait® Original Strawberry Banana Gluten-free Low-fat strawberry banana yogurt made with real fruit. 6 oz. serving equals 1.5 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/6 oz	1.5	√	√	√	√		KD	6 oz	140	13.5	1.5	2	1	5	0	90	28	0	20	20	15	√	√	



NO PREP

SINGLE-SERVE YOGURT continued



UPC	Product ¹	Case/Pack	Oz Eq Meat/Meat Alternate	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Calcium % DV	Vitamin D % DV	Smart Snacks-Compliant ³	CACFP-Eligible		
YOPLAIT® GREEK YOGURT 5.3 oz.																											
100-70470-45916-2	Yoplait® Fat Free Greek Blueberry Gluten-free Fat-free blueberry Greek yogurt. Excellent source of protein. Made without gelatin. 5.3 oz. serving equals 1.25 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/5.3 oz	1.25	√	√	√	√	√	ⓀD	5.3 oz	130	0	0	0	0	0	0	55	18	0	14	10	15	√	√		
100-70470-45915-5	Yoplait® Fat Free Greek Strawberry Raspberry Gluten-free Fat-free strawberry-raspberry Greek yogurt. Excellent source of protein. Made without gelatin. 5.3 oz. serving equals 1.25 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/5.3 oz	1.25	√	√	√	√	√	ⓀD	5.3 oz	120	0	0	0	0	0	0	55	15	0	11	10	10	√	√		
100-70470-45913-1	Yoplait® Fat Free Greek Vanilla Gluten-free Fat-free vanilla Greek yogurt. Excellent source of protein. Made without gelatin. 5.3 oz. serving equals 1.25 meat/meat alternate. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Gluten-free. CACFP-eligible and Smart Snacks-compliant.	12/5.3 oz	1.25	√	√	√	√	√	ⓀD	5.3 oz	120	0	0	0	0	0	0	55	15	0	11	10	10	√	√		

BULK YOGURT



UPC	Product ¹	Case/Pack	Oz Eq Meat/Meat Alternate	Gluten-Free	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Calcium % DV	Vitamin D % DV	Smart Snacks-Compliant ²	CACFP-Eligible		
YOPLAIT® PARFAITPRO® YOGURT 64 oz.																											
100-70470-41167-2	Yoplait® ParfaitPro® Gluten-free Greek Yogurt Multiserve Pouch, Fat Free Vanilla Bulk, Greek fat-free vanilla yogurt in easy grip and tear 64 oz. multiserve pouch. Made without gelatin. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	3/64 oz	4oz = 1 MA 1 Serv. = 5.7oz	√	√	√	√	√	KD	5.7 oz	130	0	0	0	0	0	0	60	16	0	12	15	10	√	√		
100-70470-16067-9	Yoplait® ParfaitPro® Gluten-free Yogurt Multiserve Pouch, Low Fat Blueberry Bulk, low-fat blueberry yogurt in easy grip and tear 64 oz. multiserve pouch. Made without gelatin. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	6/64 oz	4oz = 1 MA 1 Serv. = 6oz	√	√	√	√	√	KD	6 oz	150	9	1	1	0.5	3	0	80	31	0	22	15	15	√	√		
100-70470-16631-2	Yoplait® ParfaitPro® Gluten-free Yogurt Multiserve Pouch, Low Fat Strawberry Bulk, low-fat strawberry yogurt in easy grip and tear 64 oz. multiserve pouch. Made without gelatin. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	6/64 oz	4oz = 1 MA 1 Serv. = 6oz	√	√	√	√	√	KD	6 oz	150	9	1	1	0.5	3	0	80	31	0	22	15	15	√	√		
100-70470-16632-9	Yoplait® ParfaitPro® Gluten-free Yogurt Multiserve Pouch, Low Fat Vanilla Bulk, low-fat vanilla yogurt in easy grip and tear 64 oz. multiserve pouch. Made without gelatin. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	6/64 oz	4oz = 1 MA 1 Serv. = 6oz	√	√	√	√	√	KD	6 oz	150	9	1	1	0.5	3	0	80	31	0	22	15	15	√	√		
YOPLAIT® ORIGINAL YOGURT 32 oz.																											
100-70470-00438-9	Yoplait® Original Plain Gluten-free Bulk, fat-free plain yogurt in 32 oz. tub format. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	6/32 oz	4oz = 1 MA 1 Serv. = 6oz	√	√	√	√		KD	6 oz	100	0	0	0	0	0	0	125	16	0	11	25	10	√	√		
100-70470-00430-3	Yoplait® Original Strawberry Gluten-free Bulk, low-fat strawberry yogurt in 32 oz. tub format. Made without gelatin. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	6/32 oz	4oz = 1 MA 1 Serv. = 6oz	√	√	√	√	√	KD	6 oz	150	9	1	1	0.5	3	0	80	31	0	22	15	15	√	√		
100-70470-00439-3	Yoplait® Original Vanilla Gluten-free Bulk, low-fat vanilla yogurt in 32 oz. tub format. Made without gelatin. 4 oz. equals 1 meat/meat alternate. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	6/32 oz	4oz = 1 MA 1 Serv. = 6oz	√	√	√	√	√	KD	6 oz	150	9	1	1	0.5	3	0	80	31	0	22	15	15	√	√		

INDIVIDUALLY WRAPPED FROZEN GRAIN



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
100-16000-17365-8	Nature Valley™ Frozen Soft Oatmeal Round Apple Cinnamon Soft-baked oatmeal round made with cinnamon chips and real apple purée. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 15g of sugar and 310mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.32 oz	2	√	√	√	√	√		65g	270	108	12	15	4.5	23	0	240	39	4	15	✦	
100-16000-17364-1	Nature Valley™ Frozen Soft Oatmeal Round Banana Chocolate Chip Soft-baked oatmeal round made with real banana and chocolate chips. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 15g of sugar and 310mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.32 oz	2	√	√	√	√	√		65g	280	108	12	15	4	21	0	240	39	4	15	✦	
100-18000-32264-7	Pillsbury™ Blueberry Bash Mini Waffles Mini waffles baked in blueberry flavor. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 11g of sugar and 170mg of sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	72/2.47 oz	2	√	√	√	√	√	U ^D	70g	210	54	6	7	1	4	0	170	37	2	11	✦	√
100-18000-32265-4	Pillsbury™ Maple Madness Mini Waffles Mini waffles baked in maple flavor. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 13g of sugar and 170mg of sodium per serving. Made without gelatin. Whole grain-rich. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	72/2.47 oz	2	√	√	√	√	√	U ^D	70g	210	54	6	7	1	4	0	170	37	2	13	✦	√
100-18000-37309-0	Pillsbury™ Cinnamon Rush™ Mini French Toast Mini French toast slices baked in cinnamon flavor. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 11g of sugar and 200mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	72/2.64 oz	2	√	√	√	√	√	U ^D	75g	220	63	7	9	1	6	0	200	37	2	11	✦	√
100-18000-37308-3	Pillsbury™ Triple Berry Blast™ Mini French Toast Mini French toast slices baked in triple berry flavor. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 11g of sugar and 190mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	72/2.64 oz	2	√	√	√	√	√	U ^D	75g	210	63	7	9	1	6	0	190	36	2	11	✦	√
100-18000-49979-0	Pillsbury™ Filled Crescent Chocolate Crescent filled with natural chocolate flavor filling. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 11g of sugar and 270mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.29 oz	2	√	√	√	√	√		65g	240	72	8	10	1.5	8	0	270	37	3	11	✦	
100-18000-49978-3	Pillsbury™ Filled Crescent Grape Crescent filled with natural grape flavor filling. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 9g of sugar and 260mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.29 oz	2	√	√	√	√	√		65g	220	54	6	8	1	5	0	260	35	2	9	✦	

INDIVIDUALLY WRAPPED FROZEN GRAIN *continued*



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
INDIVIDUALLY WRAPPED FROZEN GRAIN <i>continued</i>																							
100-18000-27852-4	Pillsbury™ Frudel™ Apple Filled strudel with natural apple flavor. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 10g of sugar and 250mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.29 oz	2	√	√	√	√	√		65g	210	54	6	7	1	5	0	250	36	2	10	✦	
100-18000-27851-7	Pillsbury™ Frudel™ Cherry Filled strudel with natural cherry flavor. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 11g of sugar and 260mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.29 oz	2	√	√	√	√	√		65g	210	54	6	7	1	4	0	260	36	2	11	✦	
100-18000-38399-0	Pillsbury™ Mini Bagels Cinnamon Creamy Cheese Bagel filled with cinnamon cream cheese. Individually wrapped, thaw and serve or heat and serve package. 1 package equals 2 oz. equivalent grain. 13g of sugar and 190mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	72/2.43 oz	2	√	√	√	√	√		69g	230	54	6	7	2	11	0	190	42	2	13	✦	√
100-18000-38413-3	Pillsbury™ Mini Bagels Strawberry Creamy Cheese Bagel filled with strawberry cream cheese. Individually wrapped, thaw and serve or heat and serve package. 1 package equals 2 oz. equivalent grain. 13g of sugar and 190mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	72/2.43 oz	2	√	√	√	√	√		69g	230	54	6	7	2	11	0	190	42	2	13	✦	√
100-18000-33686-6	Pillsbury™ Mini Cinnis™ Mini pull-apart cinnamon rolls, cinnamon filling inside. Individually wrapped, thaw and serve or heat and serve package. 1 package equals 2 oz. equivalent grain. 14g of sugar and 270mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.29 oz	2	√	√	√	√	√		65g	240	72	8	10	1.5	8	0	270	40	3	14	✦	
100-18000-10978-1	Soft Filled Cinnamon Toast Crunch™ Bar Soft bread filled with creamy Cinnamon Toast Crunch™-flavored Neufchâtel cheese. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 15g of sugar and 290mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.36oz	2	√	√	√	√	√		66g	260	72	8	10	2.5	11	0	290	41	3	15	✦	
100-18000-11032-9	Soft Filled Cocoa Puffs™ Bar Soft bread filled with creamy Cocoa Puffs™-flavored Neufchâtel cheese. Individually wrapped, heat and serve or thaw and serve package. 1 package equals 2 oz. equivalent grain. 15g of sugar and 330mg sodium per serving. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	72/2.43oz	2	√	√	√	√	√		68g	260	63	7	9	2	10	0	330	45	3	15	✦	



INDIVIDUALLY WRAPPED ENTRÉES



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Oz Eq Meat/Meat Alternate	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
INDIVIDUALLY WRAPPED ENTRÉES																								
100-18000-12317-6	Pillsbury™ Cheesy Pull-Aparts Italian Cheeses & Garlic Soft-baked bread filled with mozzarella and parmesan cheeses and garlic flavor. Individually wrapped, heat and serve package. 1 package equals 2 oz. equivalent grain and 2 meats/meat alternates. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Vegetarian. CACFP-eligible.	72/3.88 oz	2	2	√	√	√	√	√		109g	300	117	13	17	6	31	0	520	32	2	5		√
100-18000-12316-9	Pillsbury™ Cheesy Pull-Aparts Southwest Queso Flavored Soft-baked bread filled with cheese and a southwest queso seasoning. Individually wrapped, heat and serve package. 1 package equals 2 oz. equivalent grain and 2 meats/meat alternates. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Vegetarian. CACFP-eligible.	72/3.88 oz	2	2	√	√	√	√	√		109g	300	117	13	17	6	31	0	580	33	2	5		√

BULK BAKERY



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
PILLSBURY™ WHOLE-GRAIN-RICH CINNAMON ROLLS																							
100-94562-11111-0	Pillsbury™ K12 Freezer-to-Oven Whole Grain Cinnamon Roll Dough 2.7 oz. Bulk, freezer-to-oven format whole grain-rich cinnamon roll dough. 1 serving equals 2 oz. equivalent grain. 360mg sodium, 12g fat and 11g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	100/2.7 oz	2	√	√	√	√	√	Ⓢ	76g	270	108	12	15	5	25	0	360	36	3	11	✦	
PILLSBURY™ NON-WHOLE GRAIN CINNAMON ROLLS⁵																							
107-21582-11144-7	Pillsbury Supreme™ Place & Bake™ Freezer-to-Oven Cinnamon Roll Dough 0.9 oz. Bulk, freezer-to-oven format cinnamon roll dough. 1 serving equals 0.5 oz. equivalent grain. Non-whole grain. 125mg sodium, 3g fat and 3g sugar per serving. Made without gelatin. No artificial flavors and no colors from artificial sources.	360/0.9 oz	0.5		√	√		√	Ⓢ	26g	80	27	3	4	1.5	7	0	125	11	0	3	✦	
100-94562-05357-1	Pillsbury Supreme™ Place & Bake™ Freezer-to-Oven Cinnamon Roll Dough 1.5 oz. Bulk, freezer-to-oven format cinnamon roll dough. 1 serving equals 1 oz. equivalent grain. Non-whole grain. 210mg sodium, 5g fat and 5g sugar per serving. Made without gelatin. No artificial flavors and no colors from artificial sources.	200/1.5 oz	1		√	√		√	Ⓢ	42g	130	45	5	7	2.5	12	0	210	18	<1	5	✦	
100-94562-05358-8	Pillsbury Supreme™ Place & Bake™ Freezer-to-Oven Cinnamon Roll Dough 3 oz. Bulk, freezer-to-oven format cinnamon roll dough. 1 serving equals 2 oz. equivalent grain. Non-whole grain. 420mg sodium, 11g fat and 9g sugar per serving. Made without gelatin. No artificial flavors and no colors from artificial sources.	100/3 oz	2		√	√		√	Ⓢ	85g	270	99	11	14	4.5	24	0	420	37	2	9	✦	
PILLSBURY™ WHOLE-GRAIN-RICH MUFFIN TOPS																							
100-94562-11113-4	Pillsbury™ K12 Whole Grain Muffin Top Blueberry Place & Bake™ Batter 2.1 oz. Bulk, freezer-to-oven format, whole grain-rich blueberry muffin top place & bake batter. 1 serving equals 1 oz. equivalent grain. 140mg sodium, 10g fat and 13g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	112/2.1 oz	1	√	√	√	√	√	Ⓢ	59g	200	90	10	12	4	21	0	140	26	1	13	✦	√
100-94562-11114-1	Pillsbury™ K12 Whole Grain Muffin Top Chocolate Chip Place & Bake™ Batter 2.1 oz. Bulk, freezer-to-oven format, whole grain-rich chocolate chip muffin top place & bake batter. 1 serving equals 1 oz. equivalent grain. 135mg sodium, 11g fat and 15g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	112/2.1 oz	1	√	√	√	√	√	Ⓢ	59g	220	99	11	14	5	25	0	135	28	2	15	✦	



BULK BAKERY

continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
PILLSBURY™ NON-WHOLE GRAIN MUFFIN PUCKS																							
100-94562-31665-2	Pillsbury™ Place & Bake™ Corn Muffin Batter Pucks 1.5 oz. Bulk, freezer-to-oven format, pre-portioned muffin batter pucks with traditional corn flavor. 1 serving equals 1.5 oz. equivalent grain. Non-whole grain. 140mg sodium, 8g fat and 8g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/1.5 oz	1.5		√	√	√	√	Ⓢ ⁴	43g	160	72	8	10	3.5	17	0	140	19	0	8		√
PILLSBURY™ NON-WHOLE GRAIN PIE DOUGH⁵																							
100-94562-10145-6	Pillsbury™ Frozen Pie Dough Sheet (10"x12") Frozen, pre-glazed dough in 10"x12" sheets used as crust base, topper for pot pies, hand pies and flatbreads. 1 serving equals 1.25 oz. equivalent grain. Non-whole grain. 140mg sodium, 12g fat and <1g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	1/17.125 lb	1.25		√	√	√	√		38g	170	108	12	16	8	41	0	140	14	0	<1	✦	
PILLSBURY™ NON-WHOLE GRAIN RICH CORNBREAD DOUGH																							
100-94562-08046-1	Pillsbury™ TubeSet™ Corn Muffin Batter Frozen, TubeSet™ corn muffin batter. 100g equals 2.25 oz. equivalent grain. Non-whole grain rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	6/3 lb	2.25		√	√	√	√	Ⓢ ⁴	100g	360	153	17	21	2.5	13	0	320	48	<1	19		√

BISCUITS



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
PILLSBURY™ WHOLE GRAIN-RICH FROZEN DOUGH BISCUITS																							
100-94562-32267-7	Pillsbury™ Whole Grain-Rich Biscuit Dough 2.51 oz. Round, pre-portioned, pre-formed whole grain-rich frozen biscuit dough. 2.75" diameter, bulk packed 216 ct. 1 biscuit equals 2.25 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/ 2.51 oz	2.25	√	√	√	√	√	U ^D	71g	210	81	9	12	4.5	22	0	290	28	2	3	✦	√
100-94562-32268-4	Pillsbury™ Whole Grain-Rich Biscuit Dough Easy Split™ 2.51 oz. Round, pre-portioned, pre-formed whole grain-rich frozen biscuit dough. Easy split for convenience and easy prep. 2.75" diameter, bulk packed 216 ct. 1 biscuit equals 2.25 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/ 2.51 oz	2.25	√	√	√	√	√	U ^D	71g	210	81	9	12	4.5	22	0	290	28	2	3	✦	√
100-94562-32269-1	Pillsbury™ Whole Grain-Rich Biscuit Dough Mini 1.25 oz. Round, pre-portioned, pre-formed whole grain-rich frozen biscuit dough. 2.25" diameter, bulk packed 210 ct. 1 biscuit equals 1 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	210/ 1.25 oz	1	√	√	√	√	√	U ^D	35g	110	40.5	4.5	6	2	11	0	150	14	1	1	✦	√
PILLSBURY™ NON-WHOLE GRAIN-RICH FROZEN DOUGH BISCUITS⁵																							
100-94562-31524-2	Pillsbury™ Frozen Biscuit Dough Easy Split™ Southern Style 2.2 oz. Round, pre-portioned, pre-formed, Easy Split Southern Style 2.2 oz. biscuit dough with clean, buttery flavor. Easy split for convenience and easy prep. 2.5" diameter, bulk packed 216 ct. 1 biscuit equals 2 oz. equivalent grain. Non-whole grain. 430mg sodium, 8g fat and 2g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/ 2.2 oz	2		√	√	√	√	U ^D	62g	190	72	8	10	4	20	0	430	25	1	2		√
100-94562-10752-6	Pillsbury™ Frozen Biscuit Dough Easy Split™ Southern Style 2.51 oz. Round, pre-portioned, pre-formed, Easy Split Southern Style 2.51 oz. biscuit dough. Easy split for convenience and easy prep. 1 biscuit equals 2.25 oz. equivalent grain. Non-whole grain. 320mg sodium, 9g fat and 3g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/ 2.51 oz	2.25		√	√	√	√	U ^D	71g	220	81	9	12	4.5	23	0	320	29	<1	3		√
100-94562-31151-0	Pillsbury™ Frozen Biscuit Dough Reduced Sodium Southern Style 2.2 oz. Round, pre-portioned, pre-formed, Reduced Sodium Southern Style 2.2 oz. biscuit dough with rich, buttery flavor. 2.5" diameter, bulk packed 216 ct. 1 biscuit equals 2 oz. equivalent grain. Non-whole grain. 430mg sodium, 8g fat and 2g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/ 2.2 oz	2		√	√	√	√	U ^D	62g	190	63	7	10	4	19	0	430	25	1	2		√
100-94562-06252-8	Pillsbury™ Frozen Biscuit Dough Southern Style 2.2 oz. Round, pre-portioned, pre-formed, easy to use freezer-to-oven format. Southern Style 2.2 oz. biscuit dough with rich, buttery flavor. 2.5" diameter, bulk packed 216 ct. 1 biscuit equals 2 oz. equivalent grain. Non-whole grain. 580mg sodium, 8g fat and 2g sugar per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	216/ 2.2 oz	2		√	√	√	√	U ^D	62g	190	72	8	11	5	27	0	580	27	<1	2		√



SPEED SCRATCH

BISCUITS continued



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible	
PILLSBURY™ NON-WHOLE GRAIN-RICH FROZEN DOUGH BISCUITS³ <i>continued</i>																								
100-94562-06331-0	Pillsbury™ Frozen Biscuit Dough Garlic & Cheddar 1.2 oz. Round, pre-portioned, easy-to-use freezer-to-oven format garlic and cheddar biscuit. Savory cheese and garlic flavors. Formulated to produce light and fluffy biscuits every time. Bulk packed 210 ct. 1 biscuit equals 1 oz. equivalent grain. Non-whole grain. 380mg sodium, 5g fat and 1g sugar per serving. Made without gelatin. No high fructose corn syrup. CACFP-eligible.	210/1.2 oz	1				√	√		34g	110	45	5	7	2.5	13	0	380	13	0	1			√
PILLSBURY™ WHOLE GRAIN-RICH FROZEN BAKED BISCUITS																								
100-94562-32271-4	Pillsbury™ Whole Grain-Rich Baked Biscuit Easy Split™ 2.0 oz. Round, thaw-and-serve, baked whole grain-rich biscuit. Easy split for convenience and easy prep. 2.875" diameter, bulk packed 120 ct. 1 biscuit equals 2 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	120/2 oz	2	√	√	√	√	√	Ⓢ ^D	56g	190	81	9	11	6	28	0	310	24	2	2	✦	√	
100-94562-32272-1	Pillsbury™ Whole Grain-Rich Baked Biscuit Mini 1.0 oz. Round, thaw-and-serve, baked whole grain-rich biscuit. 2.25" diameter, bulk packed 175 ct. 1 biscuit equals 1 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	175/1 oz	1	√	√	√	√	√	Ⓢ ^D	28g	100	40.5	4.5	6	3	14	0	150	12	1	1	✦	√	
PILLSBURY™ NON-WHOLE GRAIN-RICH FROZEN BAKED BISCUITS³																								
100-94562-32391-9	Pillsbury™ Baked Biscuit Golden Buttermilk Easy Split™ 2.25 oz. Round, thaw-and-serve, baked, golden buttermilk biscuit. Easy split for convenience and easy prep. 2.25" diameter, bulk packed 120 ct. 1 biscuit equals 2.25 oz. equivalent grain. Non-whole grain. 410mg sodium, 8g fat and 3g sugar per serving. Made without gelatin. No colors from artificial sources and no high fructose corn syrup. CACFP-eligible.	120/ 2.25 oz	2.25			√	√	√	Ⓢ ^D	69g	200	72	8	10	4.5	22	0	410	29	<1	3		√	



SPEED SCRATCH

TACO SHELLS



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
WHOLE GRAIN TACO SHELLS																							
100-75265-80704-3	Pancho Villa™ 5" Crunchy Taco Shells Enriched whole grain-rich taco shells. First ingredient is whole grain corn. 1 shell equals 0.5 oz. equivalent grain. 3 shells (33g serving) equal 1.5 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	200/0.39 oz	1.5	√	√	√	√	√		33g	150	72	8	11	3.5	18	0	0	18	3	1		√



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
GOLD MEDAL™ WHOLE GRAIN-RICH MIXES																							
100-16000-31527-0	Gold Medal™ Whole Grain Complete Pancake Mix 5 lb box of consistent, easy-to-use whole grain pancake mix from Gold Medal™. Formulated to produce buttermilk pancakes or waffles with traditional, cornmeal-based flavor and appearance. Made with 100% whole wheat. 45 servings per 5 lb box. 1 serving equals 2.25 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	6/5 lb	2.25	√	√	√	√	√	Ⓢ ⁴	50g	190	31.5	3.5	4	1.5	7	0	550	35	3	5		√
100-16000-31529-4	Gold Medal™ Whole Grain Variety Muffin Mix 5 lb box of whole grain variety muffin mix from Gold Medal™ in an easy-to-use "just add water" format. 100% whole grain mix can be used for muffins, quick breads, coffee cakes, cookies, biscotti, and more. 58 servings per 5 lb box. 1 serving equals 2.5 oz. equivalent grain. Whole grain-rich. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	6/5 lb	2.5	√	√	√	√	√	Ⓢ ⁴	86g	360	90	10	12	5	24	0	560	64	4	28		√
GOLD MEDAL™ NON-WHOLE GRAIN MIXES⁵																							
100-16000-11422-4	Gold Medal™ Southern Style Cornbread Mix 5 lb 5 lb box of consistent, easy-to-use, Southern-style cornbread mix from Gold Medal™. Formulated to produce Southern-style cornbread with traditional flavor and texture. 66 servings per 5 lb box. 1 serving equals 1.5 oz. equivalent grain. Non-whole grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	6/5.62 lb 449.6 oz	1.5		√	√	√	√	Ⓢ ⁴	32g	120	18	2	3	1	5	0	500	23	<1	2		√

GRITS



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Smart Snacks-Compliant ³	CACFP-Eligible
GENERAL MILLS™ NON-WHOLE GRAIN QUICK GRITS⁵																							
100-16000-14357-6	Enriched Corn Grits 8/5 lb Bulk, 5 lb format quick grits cereal formulated to produce rich, country-style, corn-flavor grits that cook in just 5 minutes. 49 servings per 5 lb box. 1 serving equals 1.5 oz. equivalent grain. Non-whole grain. Made without gelatin. No high fructose corn syrup. CACFP-eligible.	8/5 lb 640 oz	1.5	✓	✓	✓	✓	Ⓢ	46g	170	4.5	0.5	1	0	0	0	0	37	<1	0		✓	
100-16000-14355-2	Enriched Quick Grits 12/24 oz. Bulk, 2 lb format quick grits cereal formulated to produce rich, country-style, corn-flavor grits that cook in just 5 minutes. 14 servings per 5 lb box. 1 serving equals 1.5 oz. equivalent grain. Non-whole grain. Made without gelatin. No high fructose corn syrup. CACFP-eligible.	12/24 lb 288 oz	1.5	✓	✓	✓	✓	Ⓢ	46g	170	4.5	0.5	1	0	0	0	0	37	<1	0		✓	

FLOUR



UPC	Product ¹	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich ²	No Artificial Flavors	No Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	CACFP-Eligible
GOLD MEDAL™ WHOLE GRAIN FLOUR																						
100-16000-53211-0	Gold Medal™ Wheat-a-Laxa™ Whole Wheat Flour Coarse Ground Untreated 50 lb Coarse granulation whole grain flour milled from high protein spring wheat. 1 - 30g portion equals 1.75 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible	1/50 lb	1.75	✓	✓	✓	✓	✓	Ⓢ	30g	110	4.5	0.5	1	0	0	0	0	21	3	0	✓
ENRICHED FLOUR																						
100-16000-50531-2	Big Loaf® Trademark Enriched Flour Bleached 50 lb Enriched flour. 1 - 30g portion equals 1.75 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	1/50 lb	1.75		✓	✓	✓	✓	Ⓢ	30g	110	0	0	0	0	0	0	0	22	1	0	✓
100-16000-14314-9	Gold Medal™ Bakers All-Purpose Enriched Flour Bleached Enriched flour. 1 - 30g portion equals 1.75 oz. equivalent grain. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	1/50 lb	1.75		✓	✓	✓	✓	Ⓢ	30g	110	4.5	0.5	1	0	0	0	0	22	1	0	✓

1. By requirements of the Richard B. Russell National School Lunch Act's (NSLA) Buy American provision in 7 CFR 210.21(d), all products in this guide are Buy American compliant.
2. Foods that are whole grain-rich contain 100% whole grain or a blend of whole-grain meal and/or flour and enriched meal and/or flour of which at least 50% is whole grain. The remaining 50% or less of grains, if any, must be enriched.
3. Meets USDA Smart Snacks Final Rule Criteria/Healthier US School Challenge (HUSC).

✦ This grain-only entrée does not qualify on its own to be sold as a competitive food, but can be served as a competitive food the same day as service or the following day if the school participates in the School Breakfast Program and has designated the item as the entrée in the reimbursable breakfast meal per the USDA Memo SP35-2014: <https://www.fns.usda.gov/cn/grain-entrees-related-smart-snacks-school-standards>

As of September 2022. Subject to change. Visit www.generalmillscf.com/k12 for the latest information. For more information, call 1.800.767.5404 or visit www.generalmillscf.com.

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All products comply with the Buy American provision.

